

**Coronado Athletic Club**

**Academy Program**

Coronado Athletic Club’s Academy Program is a program for U10 and under for players interested in pursuing competitive play. All players receive the same skills training overseen by our qualified coaching staff using a curriculum designed by our Academy Director and approved by our Director of Coaching and Club Directors. There will be weekly Friday evening intra-squad scrimmages and potential scrimmages with other clubs. The academy's goal is to approach soccer from an educational perspective, where skills are taught and practiced. Like a school, our “teachers” are highly trained coaches licensed by the United States Soccer Federation (USSF) to train young players. Academy-style training is different because it is focused on player development first and foremost. The entire program is carefully designed and overseen by the Director of Coaching and Academy Director to train the players on all the fundamental skills of soccer, which are then reinforced during their scrimmages. Rather than dividing players into teams for the season, they are united to train based on their age group, improving camaraderie and cohesion throughout the club. These training groups are headed by a mixture of club coaches, volunteer parent coaches, and/or senior players (U15+) from the club, with each group executing the same carefully designed training curriculum.

**Frequently Asked Questions**

**I’m new to the sport, what do I need to buy? Do we get a uniform?**

* Your registration fee includes a training jersey and age-appropriate ball.
* You will need black shorts, black shorts, shin guards, and soccer cleats. Note that the cleats need to be soccer cleats. Anything with a toe cleat, such as baseball or football, is prohibited.

**What age groups do you offer?**

* U6 – U11 [Players born 2014 to 2019]

**How much does it cost?**

* $100 due at time of registration, and
* $20 per Player Monthly Training Fees (only during session months Sep-Nov and Feb-Apr)

**Or**

* One-time fee of $220 (full twenty weeks) or $160 (Fall or Spring)

**What size soccer ball do I need?**

* CAC will provide the appropriate ball. The player is responsible for bringing it to each practice.

**When does the season begin?**

* The official season begins at the beginning of September and ends in November. It restarts in February and ends in April.

**What nights are practices held on, and where?**

* Tuesdays and Thursdays (time and location TBD)

**What’s the difference between Academy, Recreational, Hybrid, and Competitive Programs?**

* Our Academy Program is akin to a soccer school, focusing primarily on training and skill development rather than team competition. It is an ideal entry point for young athletes eager to learn the basics of soccer in a structured and supportive environment. Led by our Academy Director and staffed by Club/USSF Certified coaches, the Academy emphasizes fundamental skills, techniques, and understanding of the game. Unlike traditional team-based setups, there are no set teams or competitive games in the Academy Program. Instead, participants engage in tailored training sessions to enhance their abilities and passion for the sport. It's the perfect starting point for young players to lay the foundation for their soccer journey, fostering a lifelong love for the game.
* Our Recreational Program offers a fun and social soccer experience for players of all skill levels. With two ten-week seasons held in the fall and spring, this program allows children to learn the game while enjoying organized practices and games. Led by parent volunteer coaches, practices are held regularly to help players develop their skills and understanding of the game. Additionally, scheduled games against other recreational-level teams provide valuable opportunities for friendly competition and camaraderie.
* Our Hybrid Program is a unique bridge between recreational and competitive play, offering players the best of both worlds. Designed to provide a flexible and inclusive experience, this program allows participants to continue playing games locally in Sierra Vista while opening opportunities for more competitive play and tournament exposure. Led by our experienced and licensed club coaches, hybrid teams follow a carefully curated training regimen to develop individual skills and team cohesion.
* For players who are more serious about soccer and wish to take their game to the next level, our Competitive Program offers year-round training and playing experience. From fall to spring, this program caters to players with varying skill levels, from premier-level athletes to those just starting in competitive play. Led by experienced and licensed coaches, our competitive teams participate in regular training sessions, league matches, and tournaments, both locally and regionally. While we strive to accommodate all players on a team, it's important to note that team selection is based on skill level and commitment, and not every player may be placed on a team. However, our goal remains to provide a supportive and challenging environment where players can reach their full potential and thrive as athletes.